

SPRINGTIME CONNECTIONS

May Newsletter

May 2026

THE LIBRARY IS A WELCOMING SPACE, WHERE PEOPLE CAN CONNECT!

At the Goshen Public Library, we believe mental health is an essential part of overall wellness. This May, we invite you to stop by and discover how the library can support your well-being. We offer welcoming spaces, engaging programs, and resources designed to promote mindfulness, reduce stress, and help you connect with others in our community.

MOTHER'S DAY

- Mother's Day Keepsake (Grades K-6)
Wednesday, May 6 • 4:30-5:30 PM
Kids can listen to a heartwarming story and create a special handmade gift perfect for Mother's Day.
- "A Gift for Mom: Time to Read"
All month long in May, celebrate Mother's Day by picking up a specially wrapped "mystery" book for mom, paired with a small gift. Each book includes a fun clue about the story inside. Moms can then submit a review for a chance to win a large self-care gift box!

MORE GOOD DAYS TOGETHER!

- Wednesday Wellness: Gentle Yoga & Gentle Zumba
Wednesdays • 9:30-10:30 AM
Gentle Yoga: May 6 & 20 | Gentle Zumba: May 13 & 27
Relax and recharge with light yoga and easy Zumba sessions designed to improve balance, flexibility, and well-being.
- Lotus Lantern Workshop
Tuesday, May 19 • 6:00-7:15 PM
Create a beautiful paper lotus lantern while exploring Korean culture in this hands-on, interactive program.

COMMUNITY EVENTS

- Goshen NY History: The Fabric of a Town
Tuesday, May 5 • 6:00-7:00 PM
Discover the hidden stories behind Goshen's landmarks and history with author Sandra Rothenberger in this engaging local history presentation.
- Music for Humanity: Kyle Hancharick
Saturday, May 9 • 2:00-4:00 PM
Enjoy an afternoon of contemporary folk music with local singer-songwriter Kyle Hancharick.

NATIONAL MILITARY APPRECIATION MONTH

- Salute and Sip (Veterans Coffee Hour)
Thursdays, May 7 & 21 • 10:00-11:00 AM
Veterans are invited to enjoy coffee, donuts, and conversation in this welcoming, VA-led gathering.
- Letters to Soldiers Campaign
All month long in May, help brighten a service member's day by writing a thoughtful letter or postcard of appreciation as part of our community campaign.



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